

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Description:

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offers many types of nutritional services to eligible participants. Eligible persons may include parents, stepparents, guardians and foster parents of infants and children under the age of five, as well as, pregnant women, women who are breastfeeding a child under the age of one and women who have had a baby in the past six months. Applicants must meet income requirements, live in Connecticut, have legal proof of their identity and be at nutritional risk. WIC offers services that may include nutrition risk assessment, nutrition education, breastfeeding education and support, checks to buy specific nutritious foods at participating stores, and referrals to other health and social services.

Farmer's Market Nutrition Program:

In addition to the fruits and vegetables provided by the WIC Program, WIC also distributes coupons each summer on behalf of The Farmer's Market Nutrition Program. These coupons provide fresh, unprepared, locally grown fruits and vegetables to WIC participants through purchase at Farmer's Markets or roadside stands that have been approved by the State.

Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

- Must have household income at or below 185 percent of the federal poverty guidelines. (WIC counts an unborn infant as a household member.) Refer to [Appendix F](#) for the federal poverty guidelines.
- Must be at nutritional risk; WIC uses two broad categories of risk; medically-based such as low birth weight and diet-based such as poor eating habits.
- Must live in Connecticut. WIC does not require proof of citizenship or alien status and participation in WIC will not affect your immigration or naturalization status.
- Recipients of the Supplemental Nutrition Assistance (SNAP) program, Temporary Family Assistance (TFA) program or Husky A/Medicaid program are automatically income-eligible for the WIC program. A person who documents that he/she is a member of a family that contains a TFA recipient or that contains a pregnant woman or infant who receives Husky A/Medicaid shall also be determined adjunctively income eligible for WIC.

Service Areas:

Statewide

Program Year:

N/A

Contact Information:

For more information on the program or to file complaints either about the program or the services an individual receives:

Department of Public Health
410 Capitol Avenue, MS #11WIC
P.O. Box 340308
Hartford, CT 06134
Telephone: 800-741-2142 or 860-509-8084
Website: www.ct.gov/dph

To apply for the WIC program, to schedule or reschedule an appointment or for directions to a particular WIC office:

Bridgeport Health Department
WIC Program
1450 Barnum Avenue
Bridgeport, CT 06608
Telephone: 203-333-9200

1020 Fairfield Avenue
Bridgeport, CT 06605
Telephone: 203-332-4600

Towns Served:

Bridgeport
Easton

Fairfield
Monroe

Stratford
Trumbull

Bristol Hospital
WIC Program
9 Prospect Street
Bristol, CT 06010
Telephone: 860-585-3280

450 Main Street
New Britain, CT 06051
Telephone: 860-225-8695

Towns Served:

Avon
Berlin
Bristol
Burlington
Canton
Collinsville
East Granby
Farmington

Granby
Kensington
Marion
Milldale
New Britain
North Granby
Pequabuck
Plainville

Plantsville
Plymouth
Simsbury
Southington
Terryville
Unionville

Danbury Health Department
WIC Program
13 Main Street
Danbury, CT 06810
Telephone: 203-797-4629

Towns Served:

Bethel
Bridgewater
Brookfield
Danbury

New Fairfield
New Milford
Newtown
Redding

Ridgefield
Roxbury
Sherman
Washington

East Hartford Health Department
WIC Program
50 Chapman Street
East Hartford, CT 06108
Telephone: 860-528-1458

Towns Served:

Andover
Bolton
Colchester
East Hartford
East Granby
East Windsor
Ellington

Enfield
Glastonbury
Hebron
Manchester
Marlborough
Somers
South Windsor

Stafford
Suffield
Tolland
Vernon
Windsor Locks

Family Strides, Inc.
350 Main Street, Suite C
Torrington, CT 06790
Telephone: 860-489-1138

Towns Served:

Barkhamsted
Bethlehem
Canaan
Colebrook
Cornwall
Goshen
Hartland

Harwinton
Litchfield
Morris
New Hartford
Norfolk
North Canaan
Salisbury

Sharon
Thomaston
Torrington
Warren
Winchester

Hartford WIC Program
Burgdorf/Fleet Health Center
131 Coventry Street
Hartford, CT 06112
Telephone: 860-757-4780

Santa Marquez WIC Center
547 Park Street
Hartford, CT 06106
Telephone: 860-757-4860

Towns Served:

Bloomfield
Hartford

Somers
West Hartford

Tolland
Windsor

Meriden Health Department
165 Miller Street
Meriden, CT 06450
Telephone: 203-630-4245

Middletown Health Department
8 Crescent Street
Middletown, CT 06457
Telephone: 860-358-4070

Towns Served:

Chester
Clinton
Cromwell
Deep River
Durham
East Haddam
East Hampton

Essex
Guilford
Haddam
Killingworth
Lyme
Madison
Middlefield

Middletown
Newington
Old Lyme
Old Saybrook
Portland
Rocky Hill
Westbrook

Wethersfield

Wallingford

Hospital of Saint Raphael
WIC Program
1401 Chapel Street
New Haven, CT 06513

Telephone: 203-789-3563

Fair Haven Health Center
WIC Program
350 Grand Avenue
New Haven, CT 06513
Telephone: 203-773-5007

Towns Served:

Bethany
Branford
East Haven
Hamden

Milford
New Haven
North Branford
North Haven

Orange
West Haven
Woodbridge

Hill Health Center
393 Columbus Avenue
New Haven, CT 06519
Telephone: 203-503-3080

Towns Served:

Bethany
Branford
East Haven
Hamden

Milford
New Haven
North Branford
North Haven

Orange
West Haven
Woodbridge

Yale/New Haven Hospital
WIC Program
789 Howard Avenue
New Haven, CT 06504
Telephone: 203-688-5150

Towns Served:

Bethany
Branford
East Haven
Hamden

Milford
New Haven
North Branford
North Haven

Orange
West Haven
Woodbridge

Stamford Health Department
888 Washington Boulevard
Stamford, CT 06904
Telephone: 203-977-4385

Towns Served:

Darien
Greenwich

New Canaan

Stamford

Norwalk Health Department
WIC Program
137 East Avenue
Norwalk, CT 06851
Telephone: 203-854-7885

Towns Served:

Norwalk
Weston

Westport

Wilton

Thames Valley Council for Community Action (TVCCA)
401 West Thames Street, Unit 201
Norwich, CT 06360
Telephone: 860-425-6526

83 Huntington Street
New London, CT 06360
860-425-6620

Towns Served:

Bozrah
East Lyme
Franklin
Griswold
Groton
Ledyard

Lisbon
Montville
New London
North Stonington
Norwich
Preston

Salem
Sprague
Stonington
Voluntown
Waterford

The ACCESS Agency/Windham
WIC Program
1315 Main Street, Suite 2
Willimantic, CT 06226
Telephone: 860-450-7405

Towns Served:

Ashford
Chaplin
Cornwall

Coventry
Mansfield
Lebanon

Hampton
Scotland
Willington

Day Kimball Hospital
320 Pomfret Street, 3rd Floor
Putnam, CT 06260
Telephone: 860-928-3660

Towns Served:

Brooklyn
Canterbury
Eastford
Killingly

Plainfield
Pomfret
Putnam
Sterling

Thompson
Union
Woodstock

Waterbury Health Department
1 Jefferson Square, 1st Floor
Waterbury, CT 06706
Telephone: 203-574-6785

232 North Elm Street
Waterbury, CT 06702
Telephone: 203-574-8384

Towns Served:

Cheshire
Middlebury
Prospect

Southbury
Waterbury
Watertown

Wolcott
Woodbury

Naugatuck Valley Health District
98 Bank Street
Seymour, CT 06483
Telephone: 203-888-1271

Towns Served:

Ansonia
Beacon Falls
Derby

Naugatuck
Oxford
Seymour

Shelton

Related Information:

N/A