

Connecticut Statewide Respite Care Program

Description:

The Connecticut Statewide Respite Care Program is administered by the Aging Services Division of the Department of Social Services and operated through the Area Agencies on Aging and the Connecticut Chapter of the Alzheimer's Association. It offers short-term respite care for persons with Alzheimer's disease and related dementias. Related dementias include but are not limited to: Multi-Infarct dementia, Normal Pressure Hydrocephalus dementia, Lewy Body dementia, and dementias associated with Parkinson's Disease, Huntington's Disease or Pick's Disease. The program provides in-home assessments, the development of care plans, and the purchase of necessary services to give caregivers a break from the physical and emotional stresses associated with care giving. Services may include but are not limited to: cognitive training, companions, homemakers, adult day care, home health aides, skilled nursing or short-term inpatient care in a nursing facility, residential care home or a stay in an assisted living community. Individuals may also choose their own caregiver to provide services (the spouse, Conservator and relatives of the Conservator are excluded). Families may receive daytime or overnight respite services.

A 20 percent co-payment of the total cost of services is required. This co-payment may be waived based upon a finding of financial hardship. Participants may receive up to a maximum of \$7,500 of services and no more than 30 days of out-of-home respite care per state fiscal year, which is from July 1 through June 30. There are no restrictions, however, on the number of days of adult day care services available. All benefits of the program are subject to the availability of state funds.

Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

- Must have Alzheimer's Disease or a related dementia.
- Must have annual income of \$41,000 or less. Income includes Social Security (minus the Medicare Part B premiums), Supplemental Security Income, Railroad Retirement Income, veteran's benefits, pensions, wages, interest, dividends, net rental income and any other payments received on a one-time or recurring basis.
- Must have assets below \$109,000. Liquid assets include checking and savings accounts, stocks, bonds, IRAs, certificates of deposit and other holdings that can be converted into cash within 20 working days.
- Must provide a physician's statement declaring that the person for whom services are requested has Alzheimer's or a related dementia.
- Must not be covered by the Connecticut Home Care for Elders Program.

Service Areas:
Statewide
Program Year:
July 1 - June 30

Contact Information:

Cynthia Grant, Statewide Coordinator
Connecticut Statewide Respite Care Program
Department of Social Services
Aging Services Division
25 Sigourney Street
Hartford, CT 06106
Telephone: 860-424-5279
Website: www.ct.gov/agingservices

To contact your regional Area Agency on Aging, call 1-800-994-9422 or refer to [Appendix A](#) for a listing and map of towns covered by each Area Agency on Aging.

Information may also be received from:

Connecticut Chapter
Alzheimer's Association
2075 Silas Deane highway, Suite 100
Rocky Hill, CT 06067
Telephone: 860-828-2828
Helpline: 800-356-5502
Website: <http://www.alz.org/ct>

Related Information:

[Area Agencies on Aging, refer to page II – 7](#)
[Alzheimer's Association, refer to page VIII – 1](#)