



# CHOICES

Connecticut's program for Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening is CT's State Health Insurance Assistance Program (SHIP). Certified CHOICES Counselors across the state provide free, unbiased, objective counseling to Medicare beneficiaries, older adults and persons with disabilities. Certified CHOICES Counselors help Medicare beneficiaries, their caregivers, and providers understand their Medicare coverage and healthcare options in order to make informed CHOICES.

The following CHOICES presentations are intended for Medicare Beneficiaries with Disabilities and their caregivers:

## Understanding your Medicare Benefits and Options

**Thursday, September 15, 6pm**

Bigelow Center for Senior Activities

100 Mona Terrace, Fairfield

Contact Sadie Padilla, 203-814-3644

**Thursday, October 6, 3pm**

Mental Health CT - Independence Center

969 West Main St, 3<sup>rd</sup> Floor, Waterbury

Contact Magaly Bravo, 203-757-5449 ext 120

**Tuesday, December 13, 10:30am**

The Oasis Program- Sound Community Services

21 Montauk Avenue, New London

Contact Laura Crews, 860-887-3561 ext 129

**Wednesday, January 18, 10am**

Chrysalis Center

255 Homestead Avenue, Hartford

Contact Cindi Del Favero, 860-724-6443 ext 251



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