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# **Aging Network and Other Community Organizations**

# AREA AGENCIES ON AGING

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## Program Description:

The Department of Social Services, Elderly Services Division provides funding to five Area Agencies on Aging (AAAs) within the State. AAAs are private, nonprofit planning agencies, each guided by its own Board of Directors and Advisory Council. Each Area Agency on Aging submits a four year plan to the Elderly Services Division outlining its goals for developing and funding services in its region.

The AAAs receive Federal Older Americans Act (Title III) funds and State funds through the Elderly Services Division. They then allocate these funds to elderly service providers through a request for proposal process.

AAAs fund services in the following four categories:

- 1) Social Services (Title IIIB) Access services such as transportation, information and referral, and outreach, in-home services (home health aide, homemaker, etc.), and legal assistance are funding priorities. Additional services such as health care, adult day care, senior center operation, employment, education and counseling, housing and other community services may also be funded out of this category.
- 2) Nutritional Services (Title IIIC) funds support congregate meals served in group settings, home delivered meals and nutrition education, all of which are provided by the state's Elderly Nutrition Projects.
- 3) In-Home Services for Frail Elderly (Title IIID) funds provide services to clients who meet eligibility criteria relating to frailty, economic or social need, or to the families of such clients.
- 4) Preventive Health Services (Title IIIF) provides funding for the provision of health promotion and disease prevention programs and services.

Title III services are provided both in the community and in the home. There is no fee for any service; however donations are encouraged by programs and are used to provide additional services.

In addition to supplementing the four service categories listed above, State funds are used by AAAs to fund adult day care aide positions to provide day care services to victims of Alzheimer's Disease and related dementia.

Area Agencies on Aging may also provide direct services in the areas of community education, advocacy, case management, information and assistance, benefits counseling and training. Programs offered vary by agency, so contact the AAA in your region to determine the specific programs available.

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**☑ Eligibility Requirements:**

To qualify for AAA funded services, a person must be age 60 years of age or older. To receive home delivered meals, the person must also be homebound. Emphasis in all funding categories is placed on assisting those in the greatest economic and social need.

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**☎ For More Information Contact:**

See the Appendix for a map showing the regions covered by each AAA.

***AREA AGENCIES ON AGING***

Statewide Toll Free Phone: (800) 994-9422

Website: CAAAA@CTAGINGNETWORK.ORG

Eastern CT AAA

47 Town Street  
Norwich, CT 06360  
Phone: (860) 887-3561  
Fax: (860) 886-4736  
e-mail: ECAAA@AOL.COM

Southwestern CT AAA

10 Middle Street  
Bridgeport, CT 06604  
Phone: (203) 333-9288  
Fax: (860) 696-3866  
e-mail:  
SWCAA@CTAGINGNETWORK.ORG

North Central AAA

2 Hartford Square West, Suite 101  
Hartford, CT 06106  
Phone: (860) 724-6443  
Fax: (860) 251-6107  
e-mail: NCAAA@YAHOO.COM

Western CT AAA

255 Bank Street  
Waterbury, CT 06702  
Phone: (203) 757-5449  
Fax: (203) 757-4081  
e-mail: WCAAA@EROLS.COM

South Central CT AAA

201 Noble Street  
West Haven, CT 06516  
Phone: (203) 933-5431  
Fax: (203) 933-7078  
e-mail: SCCAA@EROLS.COM

# COMMUNITY ACTION AGENCIES (CAA)

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## Program Description:

Community Action Agencies (CAA) address the needs of low-income people by assisting them to obtain the skills and knowledge necessary for self-sufficiency and dignity. Many of the programs offered by Community Action Agencies assist elderly residents in the communities they serve. Agency programs include job training, education, child day care, energy and weatherization, housing, criminal justice, community centers, mental health, food commodities, homeless services, pretrial intervention, retired senior & volunteer programs, senior centers and nutrition programs. CAAs strive for the maximum feasible participation of the individuals they serve in planning, evaluation, implementation and policy-making.

\* Most of this description was obtained from the Northeast Utilities booklet entitled: "Programs that Help People in Connecticut".

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## For More Information Contact:

### *COMMUNITY ACTION AGENCIES (CAA)*

#### Bridgeport

Action for Bridgeport Community  
Development (ABCD, Inc.)  
1070 Park Avenue, 06604  
Phone: (203) 366-8241  
Fax: (203)394-6175

#### Derby

Training, Education, and Manpower, Inc.  
(TEAM)  
30 Elizabeth St., 06418  
Phone: (203) 736-5420  
Fax: (203) 736-5425

#### Bristol

Bristol Community Organization (BCO)  
98 Summer St., 06010  
Phone: (860) 584-2725  
Fax: (860) 582-5224  
e-mail: BCO\_CT@YAHOO.COM

#### Hartford

Connecticut Association for Community  
Action, Inc.  
555 Windsor St., 06120  
Phone: (860) 560-5847  
Fax: (860) 560-5848

#### Danbury

Community Action Committee of Danbury  
(CACD)  
66 North Street, 06810  
Phone: (203) 744-4700  
Fax: (203) 790-9693

#### Jewett City

Thames Valley Council for Community Action  
(TVCCA)  
401 West Thames Street, Unit 201  
Norwich, CT 06360  
Phone: (860) 886-1720  
Fax: (860) 892-2295

Meriden

Meriden Community Action Agency (MCAA)  
191 Pratt Street, 06450  
Phone: (203) 235-0278  
Fax: (203) 237-8442

Middletown

CRT  
51 Green Street  
P.O. Box 821, 06457  
Phone: (860) 347-4465  
Fax: (860) 346-6813

New Britain

Human Resources Agency - New Britain  
(HRA-NB)  
180 Clinton Street, 06053  
Phone: (860) 225-8601  
Fax: (860) 225-4843

New Haven

Community Action Agency/New Haven (CAA-  
NH)  
781 Whalley Avenue  
P.O. Box 2085, 06515  
Phone: (203) 387-7700  
Fax: (203) 397-7475

South Norwalk

Norwalk Economic Opportunities Now  
(NEON)  
98 South Main St., 06854  
Phone: (203) 854-1800  
Fax: (203) 854-1870

Stamford

CTE, Inc.  
34 Woodland Avenue  
P.O. Box 929, 06904  
Phone: (203) 327-3260  
Fax: (203) 352-4857

Waterbury

New Opportunities for Waterbury (NOW)  
232 North Elm St., 06702  
Phone: (203) 575-9799  
Fax: (203) 755-8254

Willimantic

The ACCESS Agency, Inc.  
1315 Main Street, 06226  
Phone: (860) 450-7400  
Fax: (860) 450-7477

# MUNICIPAL AGENTS FOR THE ELDERLY

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## **Program Description:**

Each of Connecticut's 169 towns has a Municipal Agent for the Elderly. Municipal Agents (MAs) assist elders by providing information and referrals to services and benefit programs. Some towns pay their Municipal Agents, some reimburse them for expenses and other towns have volunteers who fill the MA position. MAs are familiar with programs and benefits such as:

- Medicare • Medicaid • ConnPACE • tax relief • Food Stamps • home delivered and congregate meals • nutrition screening and education • town and State social services • Social Security • SSI • fuel assistance • Protective Services • Legal Services • housing • health screening • long term care insurance • home care • adult day care • transportation • outreach • and local senior and community groups.

*As part of their role assisting elders within their communities, Municipal Agents:*

- attend at least one Department of Social Services, Elderly Services Division sponsored training session annually.
- publicize information on elderly resources/benefits within their towns.
- send an annual report, including information on needs and problems of elders identified in their town, to the DSS, Elderly Services Division.

The Municipal Agent for the Elderly program was established in 1972 by the Connecticut State Legislature in order to assure that elderly persons in each of Connecticut's 169 towns have an officially appointed town representative who is responsible for providing elders with information and assistance on services and benefits. Municipal Agents for the Elderly are appointed by their town official for a two or four year term, and may be reappointed.

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## **Eligibility Requirements:**

To qualify for services from a Municipal Agent, the person must be 60 years of age or older or concerned about the welfare of an elder.

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## **For More Information Contact:**

The Municipal Agent in your town is listed in the Appendix of this Manual. This information can also be obtained by contacting your local town hall.

For general information about Municipal Agents, contact the Department of Social Services, Elderly Services at (800) 443-9946.

To join the Connecticut Association of Municipal Agents For the elderly

(CAMA) contact the Treasurer, Loryn Ray, Municipal Agent for the Town of Southbury at (203) 262-0666.

# SENIOR CENTERS

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## **Program Description:**

Senior Centers act as community resources and conduits to other services available to older adults. They offer a central location where individuals can receive information and services of interest to older adults. Many Senior Centers are designated by their Area Agency on Aging as community focal points which provide a comprehensive delivery of services essential for maintaining the health, independence and well-being of older adults. These multi-purpose centers serve as community resources for information on aging, offer support for family caregivers, train professionals, para-professionals, and students, and aim to develop innovative approaches to addressing aging issues. All Senior Centers strive to prevent isolation and encourage socialization.

Services available at senior centers may include:

- Health and Wellness Promotion
- Social Services
- Transportation
- Meals and Nutrition Education
- Recreation and Education
- Volunteer Opportunities
- Frail or Special Needs Programs

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## **Eligibility Requirements:**

Each community determines the age for participation at its senior center. Most centers require individuals to be 60 years of age or older. Some programs offered at senior centers require donations or fees, others are offered at no cost.

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## **For More Information:**

Contact the nearest Senior Center. See the Appendix of this Manual for a list of Senior Centers.